

# PSALM 1: THE RIGHT PATH

## LESSON #1

## TEACHER'S GUIDE

### LESSON OVERVIEW

**Big Idea:** God likes it when you choose the right path

**Key Question:** How do you know if you're on the right path?

**Memory Verse:** *For the Lord watches over the path of the godly, but the path of the wicked leads to destruction.* **Psalm 1:6**

**Overview:** Today, we're going to learn about the book of Psalms in the Bible. Psalms is just a funny word for songs. The book of Psalms is a huge songbook written by different people. Some of the songs are happy and some of the songs are sad. But, all of them were written to God, asking him for help and guidance. In this lesson, we're going to look at the very first song, Psalm 1. This song is all about choosing the right path in life. If we choose the wrong path, we will end up in danger and full of sadness. The wrong path is doing things like; disobeying our parents, being mean to a friend, and lying. These things do harm to ourselves and others. But, if we choose the right path, we will be blessed. The right path is all about going God's way. If we're on the right path, we're doing things like; obeying our parents, being a good friend, and always telling the truth. God wants us to be on the right path. He wants us to follow him all the way to heaven! So, make sure to choose the right path and follow God with your life.

### CLASSROOM AGENDA

5 min **PLAY:** Begin working on Activity Page #1.

5 min **WARM UP:** Describe a time you or your family have gotten lost.

5 min **PREVIEW:** Write out the Big Idea and Memory Verse and Key Question on a whiteboard. Have the kids copy it down on Activity Page #1. (if applicable)

20 min **LARGE GROUP:** Gather for songs and videos with other kids. Then return to small group to finish this guide.

5 min **RECAP:** Read the **Lesson Overview** from the Teacher's Guide to the class and then **answer** the KEY QUESTION.

5 min **EXPLORE:** Read [Jeremiah 29:11](#). What kind of plan does God have for our lives? What do we need to do to follow that plan?

10 min **PLAY:** Do the group activity from Activity Page #2.

5 min **CLOSE:**

- Share something you learned today.
- Share prayer requests and pray as a class.

### TEACHER TIPS

Don't forget that you set the tone for your kids. Smile. Have fun. Pursue God together

Allow each kid to share. No one likes getting lost. We like to know where we're going so we can get to our destination safely. We need to go the right way with God, too.

#### **Answer: You're doing things that honor God.**

God has given us directions to follow in the Bible because it tells us what we need to do to stay on the right path. Our job is to stay on the right path and not to veer from it. If we're on the right path, we're doing things like; obeying our parents, sharing with a friend, giving our best effort in whatever we do, and telling the truth.

**Bonus Questions:** What book gives us directions to a relationship with God? How do we stay on the right path?

**4-5th:** What are some other examples of ways you can honor God?

God has very special plans for each of our lives. Remember, he created us so he knows what we'll be good at and he knows exactly what we need to succeed. Our job is to listen and obey God, everyday, so we stay on the path God has lined out for us.

Allow kids to share. Encourage them to be specific.

# ACTIVITY PAGE #2

Classroom Activities 2nd-5th

## Option #1

### Right Path or Wrong Path

- Give each kid a "right" circle and a "wrong" circle (**page 5**).
- Read a phrase from below to the class. Have them hold up the "right" circle if they think that it's on the right path and the "wrong" circle if they think it's on the wrong path.

Phrases:

1. I cheated on my Math test. (wrong)
2. I helped my sibling with homework. (right)
3. I snuck a snack before dinner. (wrong)
4. I did my chores. (right)
5. I read my Bible every day. (right)
6. I talked back to my mom. (wrong)
7. I always tell the truth. (right)
8. I disobeyed my teacher. (wrong)
9. I made fun of my friend. (wrong)
10. I prayed for my grandpa. (right)

### Supplies needed

- Circle template (pg 5), pre cut, 1 set per kid

### Bonus Activity:

Play **Bible Hangman**.

**Words or phrases:** Psalms, the right path, Jesus

## Option #2

### Stay on The Right Path Car Craft

- Give each kid a paper plate.
- Allow kids to color their car, adding windows with black marker or crayon.
- Then, give each kid some black construction paper so they can cut out wheels and have them glue those on their plates.
- As they work, remind the kids that their life is a lot like driving down a road. In a car, you have to go the right direction in order to avoid a crash. The same is true in life. Kids need to make good choices that keep them on the right path toward God.

### Supplies needed

- Non glossy paper plates, cut in half, 1 half per kid
- Black construction paper
- Scissors
- Crayons/Markers
- Glue

### Bonus Activity:

Play **Find the book in the Bible**.

Have kids get into pairs. Give each pair a Bible. Have them race to find the books below. First to find has to say if it's in the OT or NT.

**Books:** Amos, 2 Peter, John

# PSALM 1: THE RIGHT PATH

LESSON #1

FAMILY GUIDE

[Online @ pursueGOD.org/kids](http://Online@pursueGOD.org/kids)

## 1 Discover Truth

Watch this week's lesson video as a family (see link above) and fill in the blanks.

1. Psalm 1 is all about the \_\_\_\_\_ you choose.
2. God likes it when you choose the \_\_\_\_\_ path as a kid.
3. God promises to \_\_\_\_\_ kids who follow him.

## 2 Talk about it

Answer these questions together as a family.

1. Describe a time you or your family have gotten lost. (vacation, going to a friend's house)
2. If you're on the wrong path, what are some things you would be doing?
3. If you're on the right path, what are some things you would be doing?
4. How has God watched over your family?
5. Read [Jeremiah 29:11](#). What kind of plan does God have for our lives? What do we need to do to follow that plan?

## 3 Live it out

Memorize this week's Bible verse:

**"For the Lord watches over the path of the godly, but the path of the wicked leads to destruction."**

**Psalm 1:6**

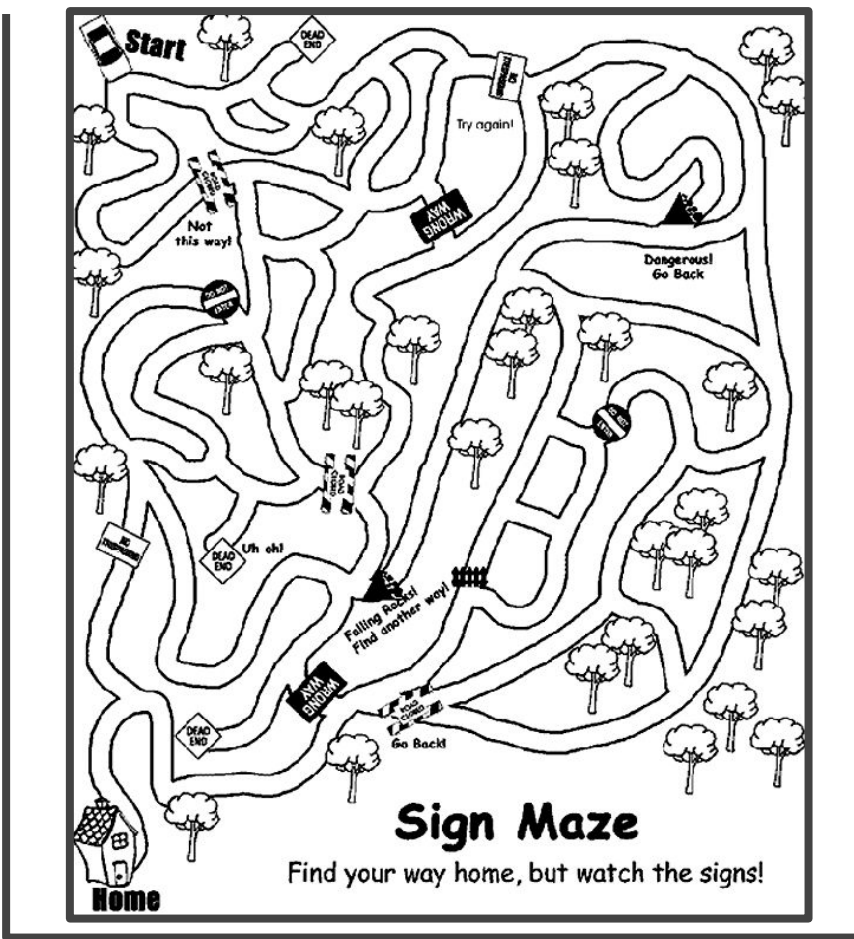
**Bonus:** Read these additional passages as a family this week

- Read [Proverbs 3:5-6](#). Why should we trust God over ourselves?
- Read [Psalm 16:11](#). If we trust in Jesus, where do we get to live with God forever?
- Read [2 John 1:6](#). What does God command us to do? How can you love people in your life?

Parent Signature \_\_\_\_\_



**PUZZLE #1**



**BIG IDEA** →

**KEY QUESTION** →

**MEMORY VERSE** →

"For the Lord \_\_\_\_\_ over the \_\_\_\_\_ of the \_\_\_\_\_, but the path of the wicked \_\_\_\_\_ to destruction  
**Psalm 1:6**

**PUZZLE #2**

**BIBLE WORD SEARCH!**  
BASIC WORDS OF THE BIBLE

G	E	N	T	I	L	E	B	I	B	L	E	D
O	B	A	A	B	R	T	J	E	M	D	I	I
D	P	I	I	E	S	I	M	N	I	P	B	N
T	E	M	P	T	A	T	I	O	N	J	A	H
H	R	P	S	H	L	H	R	P	I	E	P	O
E	S	R	A	L	V	E	A	N	S	R	T	L
F	E	A	C	E	A	H	C	A	T	U	I	Y
A	C	Y	R	H	T	O	L	Z	R	S	Z	S
T	U	E	I	E	I	L	E	A	Y	A	E	P
H	T	I	F	M	O	Y	J	R	H	L	N	I
E	E	S	I	N	N	A	J	E	W	E	H	R
R	W	E	C	L	F	A	I	T	H	M	L	I
B	S	J	E	S	U	S	C	H	R	I	S	T

JESUS CHRIST	PRAY	MIRACLE
SALVATION	TITHE	NAZARETH
JEW	MINISTRY	BETHLEHEM
GENTILE	BIBLE	JERUSALEM
HOLY SPIRIT	HOLY	BAPTIZE
GOD THE FATHER	SACRIFICE	TEMPTATION
PERSECUTE	FAITH	SIN

RIGHT

WRONG

RIGHT

WRONG

RIGHT

WRONG